



calgary family wellness
Courtesy of Dr. Shanna Rai (403) 452-9544

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Date: _____

Chiropractic Pediatric Intake Form Pediatric age 0-12

Patient Information

Child's First Name: _____ M.I.: _____ Last Name: _____

Preferred Name: _____

Address: _____

City/Province/Postal Code: _____

Birth Date (mm/dd/yyyy) : _____ Age: _____ Sex: M F

#of Siblings: _____

Sibling's Name and ages: _____

Parent's Names: _____

Best Contact Phone: () _____ Alt. Phone () _____

Email: _____

How did you hear about Calgary Family
Wellness?: _____

Current Health Condition

Purpose of appointment/current complaint: _____

How/When did current complaint occur: _____

Is this complaint (circle): New/reoccurring

Did it come on (circle): Suddenly/gradually/comes & goes

Did and fall, injury or trauma contribute to the current
complaint: _____

Is your child currently taking medications/or under any other medical
care: _____

For what conditions: _____

Past Health History

Birth History:

Length of pregnancy: Full Term (weeks) _____/early (weeks): _____/late (weeks): _____

Any issues during pregnancy for mom/baby: (position of baby, blood pressure etc.): _____

Type of Delivery: (circle) Normal vaginal/Breech/Caesarean invasive procedures: Epidural, Forceps, Vacuum

Length of Labour: _____ Normal/Difficult Birth Weight: _____

Birth Length: _____ Congenital anomalies: _____

Health Concerns

- | | |
|--|--|
| <input type="checkbox"/> Anxiety/ Depression | <input type="checkbox"/> Autism/Asperger's |
| <input type="checkbox"/> Constipation/Diarrhea | <input type="checkbox"/> Asthma/Chronic Bronchitis |
| <input type="checkbox"/> Nausea/Vomiting | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Irritability/Nervousness |
| <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Colic/Acid Reflux |
| <input type="checkbox"/> Overweight | <input type="checkbox"/> Detachment/Distant |
| <input type="checkbox"/> Frequent Sickness | <input type="checkbox"/> Back/Neck Pain/Stiffness |
| <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Difficulty gaining weight |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Ear or other infections |
| <input type="checkbox"/> Learning Disorders | |
| <input type="checkbox"/> Sinus Troubles/Allergies | |
| <input type="checkbox"/> Other _____ | |
| <input type="checkbox"/> Other _____ | |
| <input type="checkbox"/> Explain any boxes checked | |

- Is there anything else regarding your child's current condition you feel the Doctor should know? _____
- _____
- _____
- _____

Did you know?...

Each health concern relates to a specific area of the spine and nervous system?
Please enter the information to the left

The diagram shows a human spine with vertebrae labeled C1 through L5, and S, A, C, R, A, L at the bottom. Three boxes list health concerns related to specific areas of the spine:

- Upper Cervical (C1-C4):** Headaches, Migraines, Dizziness, Sinus Problems, Allergies, Fatigue / Sleep Problems, Head Colds, Vision Problems, Difficulty Concentrating, Hearing Problems.
- Mid Cervical (C5-C7):** Sore Throat, Stiff Neck, Radiating Arm Pain, Hand/Finger Numbness, Asthma, Allergies, High Blood Pressure, Heart Conditions.
- Thoracic (T1-T12):** Middle Back Pain, Congestion, Difficulty Breathing, Bronchitis, Pneumonia, Gallbladder Conditions, Stomach Problems, Ulcers, Gastritis, Kidney Problems, Indigestion.
- Lumbar (L1-L5):** Constipation, Colitis, Diarrhea, Gas Pain, Irritable Bowel, Bladder Problems, Menstrual Problems, Low Back Pain, Pain or Numbness in Legs, Reproductive Problems.

Medications/Vitamins & Supplements

<input type="checkbox"/> Probiotics	<input type="checkbox"/> Pain Narcotics
<input type="checkbox"/> Omega-3	<input type="checkbox"/> Antibiotics
<input type="checkbox"/> Vitamin D-3	<input type="checkbox"/> Anti-inflammatory
<input type="checkbox"/> Digestive Aids	<input type="checkbox"/> Migraine medication
<input type="checkbox"/> Multi-vitamin	<input type="checkbox"/> Asthma medication
	<input type="checkbox"/> ADD/ADHD medication

- Other _____
- Explain any checked boxes _____

Lifestyle/ Habits

Did you breastfeed the baby? Yes No If yes, how long: _____

Did you formula-feed the baby? Yes No If yes, how long: _____

At what age did you introduce: Solids: _____ Cow's milk: _____

Does your child exercise daily? Yes No How much? _____

Does your child drink soda? Yes No How much/often? _____

Does your child have a positive self-esteem or self-image? Yes No

Does your child watch more than an hour of TV per day? Yes No How much? _____

Does your child eat balanced meals? Yes No

Does your child experience prolonged sadness? Yes No

Explain: _____

Does your child have difficulty sleeping? Yes No Explain:

Does your child play video games? Yes No How much?

The National Safety Council reports approximately 50% of children fall head first from a high place during their first year of life (bed, changing table, stairs, etc.). Was this the case for your child? Yes No
Explain: _____

Has your child ever been hospitalized or had surgery? Yes No
Explain: _____

Does your child have difficulty interacting with others? Yes No

Explain: _____

Have you noticed that your child is nervous, twitches, shakes, or exhibits rocking behavior? Yes No

Explain: _____

Has your child been involved in any high impact/contact sports (soccer, football, martial arts, cheerleading, etc.)? Yes No Please list:

Are you aware of any food allergies or intolerance? Yes No

Explain: _____

Has your child received all recommended vaccinations? Yes No

Explain: _____

Please rate stress levels on a scale of 1-10 (10 being highest)

School: 1 2 3 4 5 6 7 8 9 10

Personal: 1 2 3 4 5 6 7 8 9 10

Permission to Treat a Minor

I, (Parent/Guardian) _____, give **Calgary Family Wellness** permission to examine, x-ray (if necessary), and treat _____.

Minor date of birth: _____

Parent/Guardian Signature: _____

Date: _____

Witness Signature: _____

Terms and Acceptance

When a person seeks chiropractic health care and when a chiropractor accepts a person for such care, it is essential that both are speaking and working for the same goal. The primary goal of chiropractic is

TO LOCATE, ANALYZE, AND CORRECT
SPINAL INTERFERENCE TO THE NERVOUS SYSTEM

The purpose of the nervous system is to control and coordinate all bodily function. Interference to this master system automatically produces improper function in the body. The SUBLUXATION (spinal misalignment producing nerve interference), in and of itself, is a detriment to life and health. Correction of the subluxation through a specific chiropractic adjustment allows the body to function at its optimum level. This allows the INNATE healing power of the body to work at maximum efficiency to restore, maintain, and promote health.

I hereby request and consent to the performance of chiropractic procedures including diagnostic x-rays, if necessary, on me by Dr. Shanna Rai and/or anyone working in this clinic authorized by Dr. Shanna Rai.

I will have an opportunity to discuss with the doctor and/or staff, the nature and purpose of chiropractic adjustments and other procedures, as well as any questions I have regarding specific technique performed. I understand that the results expected are not guaranteed, as every person is unique.

I further understand and am informed that, as in all health care, in the practice of manipulation by medical doctors, physiotherapists and chiropractors that there are some very slight and minimal risks to care, including, but not limited to: While rare, some patients may experience short term aggravation of symptoms or muscle and ligament strains or sprains as a result of manual therapy techniques. Although uncommon, rib fractures have also been known to occur following certain manual therapy procedures;

b) There are reported cases of stroke associated with visits to medical doctors and chiropractors. Research and scientific evidence does not establish a cause and effect relationship between chiropractic treatment and the occurrence of stroke. Recent studies suggest that patients may be consulting medical doctors and chiropractors when they are in the early stages of a stroke. In essence, there is a stroke already in progress. However, you are being informed of this reported association because a stroke may cause serious neurological impairment or even death. The possibility of such injuries occurring in association with upper cervical adjustment is extremely remote;

c) There are rare reported cases of disc injuries identified following cervical and lumbar spinal adjustment, although no scientific evidence has demonstrated such injuries are caused, or may be caused, by spinal adjustments or other chiropractic treatment;

d) There are infrequent reported cases of burns or skin irritation in association with the use of some types of electrical therapy offered by some doctors of chiropractic.

I have read the above consent. I will have an opportunity to ask questions about its content, and by signing below I agree to the above named procedures. I intend this consent form to cover the entire course of present and future care.

I understand that the purpose of today's visit is to determine if I am a candidate for chiropractic care and that I am responsible for any fees agreed upon between myself and the attending doctor. All examination fees will be explained to me before any tests are performed.

SIGNATURE OF PATIENT
(OR PARENT/GUARDIAN)

PRINT PATIENT'S NAME

DATE SIGNED

WITNESS